



PANTERA SCHOOLS OF TAEKWON-DO

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NEWSLETTER

OCTOBER - DECEMBER 2010

Myszczyński-Martial Joshua Red Belt 2nd Kup

PAST EVENTS

-GRADINGS-

Well done! Congratulations to all

Colour-belt grading

On the 24th October there was a colour belt grading at the usual venue of Hornsey Vale.

Needless to say, everyone who took part had to work hard before and during the exam. Here are the results:

| Name | Promoted to |
|-----------------------------|---------------------------------|
| Andrews Asher-Kai | Yellow Tag 9 th Kup |
| Bradshaw Tipping Jay | Yellow Tag 9 th Kup |
| Pegler Freddie | Yellow Tag 9 th Kup |
| Welch Malachi | Yellow Belt 8 th Kup |
| Fenton Sarita | Yellow Belt 8 th Kup |
| Baines Ramneet | Green Tag 7 th Kup |
| Baines Talvinder | Green Tag 7 th Kup |
| Flaherty Joseph | Green Tag 7 th Kup |
| Malone Katherine | Green Tag 7 th Kup |
| Hakkinen Peter | Green Belt 6 th Kup |
| Sisulu Kyah | Green Belt 6 th Kup |
| Sisulu Kwame | Green Belt 6 th Kup |
| Lanoe-Chaumet Clement | Green Belt 6 th Kup |
| Myszczyński-Martial Dominic | Green Belt 6 th Kup |
| Yates Milo | Green Belt 6 th Kup |
| Camadoo Anish | Blue Tag 5 th Kup |
| Gosling Luke | Blue Tag 5 th Kup |
| Leigh Isaac | Blue Tag 5 th Kup |
| Brogan Max | Blue Belt 4 th Kup |
| Jones Chris | Red Belt 2nd Kup |
| Kaczmarczyk Jonathan | Red Belt 2nd Kup |
| Malone Alistair | Red Belt 2nd Kup |

Seminar & Black belt grading

On September the 25th we had a seminar with Master O Ellis 8th Dan and the Black Belt grading with the ETA Grading Panel.

The 3 hour seminar consisted of technical content as well as self defense routines in different situations, like being attacked with a weapon while sitting on a chair. Very informative and enjoyable course.

While this was happening, a different group of participants were taking part in the black belt grading.

I am pleased to say that two of the club members were promoted by the panel:

Tyrane Wynter promoted to I Dan Black Belt

Gabriel Facchini promoted to II Dan Black Belt

Congratulations guys!

On the same note and after a compulsory 5 year wait, I also went for promotion to VI Dan along with Mr N Symonds. I'm glad to

say that we were promoted by Master O Ellis in one of the toughest gradings in my career, but as you've probably guessed:

I can't wait 6 years until the next one!!!

Place: Beckenham, London
(Venue address & cost to be announced)

FORTHCOMING EVENTS

Competition

Saturday 4th December: Celtic Cup, Cardiff

Two of our members will take part in this big event, there will be participants from Europe and Great Britain as well.

We wish the best to Peter Hakkinen and Shahzod Kadirov who will take part in the Patterns and Sparring disciplines

Good Luck!

Christmas Holidays

The last session in 2010 will be on ***Saturday 18th December***, back to normal training on ***Tuesday 4th January 2011***.

First Aid Course Umpires Course Seminar

There will be a two-day event the last weekend in January 2011 (Saturday 29th & Sunday 30th)

The ***first aid*** course is aimed at anybody who would like to get trained on what to do to help someone in a potential life-threatening situation. Participants and non-participants of Taekwon-Do are welcome to attend (parents, etc)

There will also be a ***seminar*** for all grades covering different aspects of Taekwon-Do

Then the ***umpires course*** will be geared to train students to officiate at competitions and learn about all the rules and regulations. A must for all Black Belts

Date: Saturday / Sunday January 2011

Birthdays

Congratulations to the following students who celebrated their birthdays in October:

***Rowland Rich, Savannah Ademola,
Rose McNamee, Camilo Chapman,
Freddie Peltler, Ramneet Bains and
Anish Camadoo***

And in November:

Alexandra Burgess and Talvinder Bains.

And finally in December:

Chris Jones

***One year wiser!! Congratulations to
you all***

Keep kicking!!

Yours in TKD Mr J Moreno VI Dan